

# REINFORCE HEALTH & WELLNESS

## Patient Information

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Date of Birth: \_\_\_\_\_  male  female

Marital status (circle)

S M W D Sep

Social Security #: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

E-Mail: \_\_\_\_\_

Phone #: home: \_\_\_\_\_ cell: \_\_\_\_\_

Occupation: \_\_\_\_\_

Employer: \_\_\_\_\_

Emergency Contact:

Name: \_\_\_\_\_

Number: \_\_\_\_\_

## Accident Information

Is the condition due to an accident?  Yes  No

Referred by: \_\_\_\_\_

## Insurance Information

Insurance Co.: \_\_\_\_\_

Group #: \_\_\_\_\_ Policy #: \_\_\_\_\_

Primary Card Holder: \_\_\_\_\_

Birthdate of Insured: \_\_\_\_\_

Relationship to Patient: \_\_\_\_\_

### **Assignment and Release:**

I certify that I, and/or my dependents, have insurance coverage with \_\_\_\_\_ and assign directly to (Dr. David Kim / Dr. Lesley Wong) all insurance benefits, if any, otherwise payable to me for services rendered. I understand that I am financially responsible for all charges whether or not paid by insurance. I authorize the use for my signature on all insurance submissions.

The above named doctor may use my health care information and may disclose such information to the above named insurance company and their agents for the purpose of obtaining payment for services and determining insurance benefits or the benefits payable for related services. This consent will end when my current treatment plan is completed.

X: \_\_\_\_\_

Date: \_\_\_\_\_

## Patient Condition

Give a brief detailed description of the problem you are currently experiencing: \_\_\_\_\_  
\_\_\_\_\_

How long have you had this condition? \_\_\_\_\_ Is it getting worse?  yes,  no

Rate the severity of your pain on a scale from 1 (least pain) to 10 (worst pain) \_\_\_\_\_

Type of pain:  Sharp  Dull  Throbbing  Numbness  Burning  Aching  
 Shooting  Tingling  Cramping  Stiffness  Swelling  Other

How often do you have this pain? \_\_\_\_\_ Is it *constant* or does it *come and go*?

Does it interfere with your  Work  Sleep  Daily Routine  Recreation

What treatment have you already received for your condition? \_\_\_\_\_

Name and address of other doctor(s) who have treated you for your condition \_\_\_\_\_  
\_\_\_\_\_

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## Health History

Mark (c) for current problems, check and indicate the age when you had any of the following:

### General

- Allergies
- Depression
- Dizziness
- Fainting
- Fatigue
- Fever
- Headaches
- Loss of sleep
- Mental illness
- Nervousness
- Tremors
- Weight loss / gain

### Muscle / Joint

- Arthritis / rheumatism
- Bursitis
- Muscle weakness
- Low back pain
- Neck pain
- Mid back pain
- Joint pain

### Skin

- Boils
- Bruise easily
- Dryness
- Hives or allergies
- Itching
- Rash
- Varicose veins

### Eye, Ear, Nose & Throat

- Colds
- Hearing loss
- Ear ache
- Eye pain
- Gum trouble

- Hoarseness
- Nasal obstruction
- Nose bleeds
- Ringing of the ears
- Sinus infection
- Sore throat
- Tonsillitis
- Vision problems

### Gastrointestinal

- Abdominal pain
- Bloody or tarry stool
- Colitis / Crohn's
- Colon trouble
- Constipation
- Diarrhea
- Difficult digestion
- Diverticulosis
- Abdominal bloating
- Excessive hunger
- Gallbladder trouble
- Hernia

- Hemorrhoids
- Intestinal worms
- Jaundice
- Liver trouble
- Nausea
- Painful defecation
- Pain over stomach
- Poor appetite
- Vomiting
- Vomiting of blood

### Genitourinary

- Bed-wetting
- Bladder infection
- Blood in urine

- Kidney infection
  - Kidney stones
  - Prostate trouble
  - Pus in urine
  - Stress incontinence
- Urination
- Overnight more than twice
  - Decreased flow/force
  - Painful urination
  - Urgency to urinate

### Cardiovascular

- High blood pressure
- Low blood pressure
- Hardening of the arteries
- Irregular pulse
- Pain over heart
- Palpitation
- Poor circulation
- Rapid heart beat
- Slow heart beat
- Swelling of ankles

### Respiratory

- Chest pain
- Chronic cough
- Difficulty breathing
- Hay fever
- Shortness of breath
- Spitting up phlegm / blood
- Wheezing

### Women only

- Congested breasts
- Hot flashes
- Lumps in breast
- Menopause

### Check any of the conditions you have or have had:

- Alcoholism
- Anemia
- Appendicitis
- Arteriosclerosis
- Asthma
- Bronchitis
- Cancer
- Diabetes
- Eczema
- Edema
- Emphysema
- Epilepsy
- Goiter
- Gout
- Heart burn
- Heart disease
- Hepatitis
- Herpes
- High cholesterol
- HIV/AIDS
- Influenza
- Malaria
- Measles
- Miscarriage
- Multiple sclerosis
- Mumps
- Numbness/tingling
- Pace maker
- Osteoporosis
- Pneumonia
- Polio
- Rheumatic fever
- Stroke
- Thyroid disease
- Tuberculosis
- Ulcers

### Exercise:

- None
- Mild
- Moderate
- Heavy

### Work Activity:

- Sitting
- Standing
- Light labor
- Heavy labor

### Other Habits:

- Smoking
  - Alcohol
  - Coffee/Caffeine
  - Stress
- Packs/Day \_\_\_\_\_
- Drinks/Week \_\_\_\_\_
- Cups/Day \_\_\_\_\_
- Reason \_\_\_\_\_

Are you pregnant?  Yes  No If yes, due date \_\_\_\_\_

Injuries/Surgeries- Please describe major injuries and any surgical procedures performed: \_\_\_\_\_

Date of last: Physical Exam \_\_\_\_\_ Spinal Exam \_\_\_\_\_  
Spinal X-ray \_\_\_\_\_ Blood/Urine test \_\_\_\_\_  
MRI/CT/Bone Scan \_\_\_\_\_